

Baked Beans

Makes: 100 servings

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Ingredients	Weight	Measure
Baked beans, canned		5 No. 10
drained, low sodium		cans
Ketchup		2 1/2 cups
Mustard, dry		1/4 cup
Brown sugar		2 cups
Minced onion, dry		3/4 cup

Key Nutrients	Amount	% Daily Value
Total Calories	170	
Total Fat	0.5 g	
Protein	7 g	
Carbohydrates	40 g	
Dietary Fiber	6 g	
Saturated Fat	0.1 g	
Sodium	240 mg	

Directions

- 1. Place all ingredients in steam table pans, use 4 for 100 portions. Mix well.
- 2. Cover and bake in oven at 350° degrees for 45 minutes to 1 hour. CCP: Cook until internal temp reaches 185°F.
- 3. Portion using No. 8 scoop (1/2 cup). CCP: Hold at or above 135°F before and during service.